



DECEMBER

ADSS NUTRITION PROGRAM

FALL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu 6 3 Swedish Meatballs (5) w/ Swedish Sauce over Rotini Noodles Zucchini Casserole Carrots Whole Grain Bread Margarine Chocolate Mini Moon Pie 1% Milk & Chocolate Milk</p>	<p>Menu 7 4 Beef Tacos: Ground Beef Shredded Lettuce Cheese & Tomatoes Cheesy Pinto Beans Mild Taco Sauce & Sour Cream Corn Tortilla Chips Mandarin Oranges Vanilla Mini Moon Pie (replaced gelatin) 1% Milk</p>	<p>Menu 8 5 Orange Pineapple Juice Mojo Chicken Drums (2) Yellow Rice w/ Tomato & Pepper Mixed Vegetables Cornbread Margarine Apple Spice Cookie (replaced cake) 1% Milk / Buttermilk</p>	<p>Menu 9 6 Grape Juice (replaced broccoli salad) Turkey Salad Sandwich Three Bean Salad Mixed Fruit Whole Grain Bread – 2 slices ea. White Cake (replaced Apple Cookie) 1% Milk</p>	<p>Menu 10 7 Beef Hot Dog on Hot Dog Bun Coleslaw Baked Beans Ketchup/Mustard/Diced Onions Pineapple Tidbits Fudge Round (replaced banana pudd) 1% Milk</p>
<p>Menu 11 (was menu 13) 10 Orange Juice (replaced Pineapple) Pork Chop Patty w/ Sweet and Sour Sauce Brown Rice Sesame Green Beans Vanilla Pudding Dinner Roll Margarine 1% Milk / Chocolate Milk</p>	<p>Menu 12 11 Grape Juice (replaced green salad) Egg Salad Sandwich Mandarin Oranges (replaced carrot raisin salad) Corn Chips (added as extra side) Whole Grain Bread (2 slices up from 1) Chocolate Chip Cookie (replaced gelatin) 1% Milk</p>	<p>Menu 13 (was menu 11) 12 Baked Chicken Thigh Collard Greens Mashed Sweet Potatoes Applesauce Cornbread Margarine Sugar Cookie 1% Milk / Buttermilk</p>	<p>Menu 14 13 Chicken Garden Casserole Green Peas (replaced Summer Blend) Carrots Whole Grain Bread Margarine Fresh Banana Oatmeal Crème Pie (replaced hot apple crisp) 1% Milk</p>	<p>Menu 15 14 Meatballs (5) w/ Spaghetti and Tomato Sauce California Vegetable Blend Garlic Roll Margarine Pears Chocolate Cake 1% Milk</p>
<p>Menu 16 17 Smoked Sausage on Hot Dog Bun Mustard Hot German Potato Salad Cabbage and Carrots Fresh Apple Banana Mini Moon Pie 1% Milk</p>	<p>Menu 17 18 Orange Pineapple Juice (replaced Mandarin oranges) Chicken Breast Filet w/ Cacciatore Sauce Skin on Garlic Mashed Potatoes Broccoli with Cheese Sauce (added) Whole Grain Bread Margarine Chocolate Pudding 1% Milk</p>	<p>Menu 18 19 Turkey Sausage Links (4) w/ Country Pepper Gravy Cheese Grits Stewed Tomatoes Whole Grain Bread Margarine Peaches Yellow Cake 1% Milk</p>	<p>Menu 19 20 Flame Broiled Beef Patty on Hamburger Bun Lettuce, Tomato, & Onion Ketchup, Mustard, Mayonnaise Corn Baked Beans Vanilla Mini Moon Pie 1% Milk & Chocolate Milk Removed Pears</p>	<p>Theme Menu 21 Baked Ham Sweet Potato Casserole Green Beans & Mushroom Christmas Fruit Cup Whole Grain Roll Margarine Iced Coconut Cake 1% Milk</p>
<p>24</p> 	<p>25</p> <p>Merry Christmas</p>	<p>26</p> 	<p>27</p> 	<p>28</p>
<p>31</p>				

REVISED 10-22-18